

News Release
Department of Labor and Employment
Bureau of Working Conditions
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Indoor Plants at the Workplace – A GODP Project

Since 2017, the Bureau of Working Conditions has been actively engaging on the objective of the Green Our DOLE Program (GODP), which seeks to bring out a cleaner, safer, and carbon free working environments for DOLE employees, as well as improved productivity among employees and better work life quality.

One activity that has been seen among Filipinos from the beginning of the COVID-19 lockdown until now is the increased engagement in indoor plants.

For this year's GODP Project, Ms. Lalaine Familara, who is the Bureau's GODP focal, took the initiative to put more than 30 indoor plants on the premises of the Bureau.

The presence of indoor plants in the workplace has the potential to change many such things. It improves attention span, boosts creativity, and may have psychological effects that reduce stress and calm mood. Other benefits include an improvement in air quality. Particularly during this pandemic, maintaining high air quality is of the utmost concern. In addition to that, it had the impact of creating a visually peaceful environment in the workplace, which resulted in employees who were both happier and healthier, that leads to be more productive.

The mere appearance of the indoor plants on the premises of the Bureau creates positivity and a feeling of relaxation not only for the staff of the Bureau but also to its clients.

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